

CENTRAL EUROPEAN COUNTRIES JUNIOR MEETING

5th – 7th December 2008 / Praha, Czech Republic

Ages: Boys 1992-1993, Girls 1994-1995

1. Host, Place and Date of the Event:

The competition will be held in Prague, Czech Republic, in a 50m. indoor swimming pool, with 8 lanes, on 5th-7th December 2008.

2 Contest Rules

The FINA and Central European Countries Junior Meeting rules shall apply at the competition.

Age groups are:

Boys born on 1992 & 1993

Girls born on 1994 & 1995

In individual swimming events **2 (two) swimmers per each country and per event** may be submitted.

In relay events **1 (one) team per country and per event** may be submitted.

The composition of relay teams shall be declared in order of swimming 1 hour before the beginning of the session in which the race will take place. The competition shall apply the time race system.

Opening ceremony – 5th December, 2008

Point system:

The points score in the team competition for the individual events shall be as followed:

1 st place	9 points
2 nd place	7 points
3 rd place	6 points
4 th place	5 points
5 th place	4 points
6 th place	3 points
7 th place	2 points
8 th place	1 points

The relay teams scores double:

1 st place	18 points
2 nd place	14 points
3 rd place	12 points
4 th place	10 points
5 th place	8 points
6 th place	6 points
7 th place	4 points
8 th place	2 points

Prizes

The first three places in individual and relay events shall receive medals. The male and female competitor who reaches the highest score of points (in accordance with the points table of FINA) shall receive a special prize.

3. Organization:

The Central European Countries Junior Meeting 2008 is organized by the Czech Swimming Federation.

4. Entries:

Entries shall include entry times achieved in a 50m.pool. Lane placing will be according to FINA rules, based on the entry times. Preliminary entries shall be submitted to the Czech Swimming Federation.

Deadline for entries:

Preliminary Entry	25 October 2008
Form: Travel Form:	31 October 2008
Final Entry Form:	25 November 2008

5. Technical Meeting:

The Technical Meeting will be held in Hotel DŮM, Prague, on 4th December, 2008 at 19.00 hrs.

6. Training:

Training on 5th December 2008 at 9.00 – 11.00 a.m.

7. Accommodation:

All teams will be accommodated in **Hotel DUM, Prague**, beginning from 4th December 2008. The Czech Swimming Federation will cover full board accommodation for a maximum number of 26 persons per country, meaning: 20 swimmers (10 boys + 10 girls) and 6 officials. Meals are starting with the dinner on 4th December 2008 and finishing with lunch on 7th December 2008 + home travel package.

Hotel DUM is situated 10 minutes by bus from the pool.

The price for extra persons, extra days, per person / per day / full board (three meals per day, local transport included), is:

Double room * 60 Euros**

Triple room * 50 Euros**

8. Contact:

CZECH SWIMMING FEDERATION

Zátopkova 100/2, 160 17 Praha 6, Czech Republic

Tel / Fax: +420 220513278, Tel. +420 220512639

e-mail: swimming@cstv.cz <http://plavani.cstv.cz>

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COMPETITION PROGRAM

Day 1

Friday 5th December 2008 afternoon 16.00

1.	100m	Freestyle	Girls
2.	100m	Freestyle	Boys
3.	200m	Backstroke	Girls
4.	200m	Backstroke	Boys
5.	400m	Ind.Medley	Girls
6.	400m	Ind.Medley	Boys
7.	4x100m	Medley relay	Girls
8.	4x100m	Medley relay	Boys

COMPETITION PROGRAM

Day 2

Saturday 6th December 2008 morning 10.00

9.	400m	Freestyle	Boys
10.	400m	Freestyle	Girls
11.	100m	Breaststroke	Boys
12.	100m	Breaststroke	Girls
13.	100m	Butterfly	Boys
14.	100m	Butterfly	Girls
15.	4x200m	Freestyle Relay	Boys
16.	4x200m	Freestyle Relay	Girls

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COMPETITION PROGRAM

Day 2

Saturday 6th December 2008 afternoon 16.00

17.	50m	Freestyle	Girls
18.	50m	Freestyle	Boys
19.	200m	Breaststroke	Girls
20.	200m	Breaststroke	Boys
21.	100m	Backstroke	Girls
22.	100m	Backstroke	Boys
23.	800m	Freestyle	Girls
24.	1500m	Freestyle	Boys

COMPETITION PROGRAM

Day 3

Sunday 7th December 2008 morning 10.00

25.	200m	Freestyle	Girls
26.	200m	Freestyle	Boys
27.	200m	Butterfly	Girls
28.	200m	Butterfly	Boys
29.	200m	Ind.Medley	Girls
30.	200m	Ind.Medley	Boys
31.	4X100m	Freestyle	Girls
32.	4X100m	Freestyle	Boys

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TRAVEL FORM

FEDERATION:

CODE:

Number of participants:

	Male	Female
Swimmers		
Coaches		
Officials		
Total		

ARRIVAL:

Date	
Flight	
Time	
Persons	

DEPARTURE:

Date	
Flight	
Time	
Persons	

Date / / Signature _____ Name & Function _____

Please return till 31st October 2008, to:

CZECH SWIMMING FEDERATION

Zátopkova 100/2, 160 17 Praha 6, Czech Republic

Tel / Fax: +420 220513278, Tel. +420 220512639

Email: swimming@cstv.cz

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PRELIMINARY ENTRY FORM

FEDERATION:

CODE:

We hereby declare that we will participate in the CENTRAL EUROPEAN JUNIOR SWIMMING MEETING, which will be held in the 50m indoor swimming pool Praha - Podolí, Czech Republic.

SWIMMING TEAM:

	Male	Female
Swimmers		
Coaches		
Officials		
Total		

EXTRA PEOPLE TO TEAM:

Male	
Female	

Arrival date & time	
Departure Date & time	

Date / / **Signature** _____ **Name & Function** _____

Please return till 25th October 2008, to:

CZECH SWIMMING FEDERATION

Zátopkova 100/2, 160 17 Praha 6, Czech Republic

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Email: swimming@cstv.cz